

NEXT STEPS TO SEATED BALLET

Subject Area

Art & Design, Fashion
& Creative Crafts

Student Type

Adults

Study Mode

Part Time

What is the course about?

This course for adults explores more advanced ballet conventions while seated, as well as gentle movement beyond the chair. It is ideal for those with limited mobility, anyone looking for a less intensive ballet class, or students progressing from our Introduction to Seated Ballet short adult course.

Why should I choose the course?

This adult course offers a gentle and enjoyable way to deepen your Ballet skills while supporting your overall wellbeing. It remains a great introduction to Ballet through accessible movement, helping you grow confidence and stay active.

What will I learn?

You will learn more advanced Ballet conventions and terminology, along with some gentle movements performed off the chair. This short adult course offers a smooth step up from the Introduction course while still maintaining comfort and accessibility.

What will the course lead on to?

On completion of this adult course, you may be interested in exploring some of our other courses within performing arts and dance.

Click here to view all available adult courses: <https://wvr.ac.uk/adults>

What support is available?

We have a team of staff dedicated to providing learning support if it is required and a Wellbeing Team that are on hand to offer guidance, support and help when needed.

Additionally, eligible students can access a wide range of finance and funding support to help them during their time at college. For personalised advice on funding, please contact our Learner Services Team on 01925 494 400 or email learner.services@wvr.ac.uk.



**Warrington
& Vale Royal
College**

Warrington Campus
Winwick Rd, Warrington WA2 8QA

 wvr.ac.uk

 01925 494 494

Winsford campus
Weaver St, Winsford CW7 4AH

 learner.services@wvr.ac.uk

Why should I choose to study the course at Warrington & Vale Royal College?

Warrington & Vale Royal College offers a welcoming learning environment with modern facilities, ample on-site parking, and expert tuition from knowledgeable and supportive staff. Whether you're just starting out or looking to develop new skills, we're here to help you succeed.

What are the entry requirements?

There are no entry requirements for this course for adults, other than a genuine interest in exploring Ballet.

What are my funding options?

For more information about financial support, please visit: <https://wvr.ac.uk/college-life/financial-support>

For personalised advice on funding, please contact our Learner Services Team on 01925 494 400 or email learner.services@wvr.ac.uk.

Are there any additional costs associated with the course?

There are no additional costs for this short adult course, but you will need to wear clothing that allows comfortable movement.



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