

# LEVEL 3 CERTIFICATE IN APPLIED COUNSELLING STUDIES

Subject Area  
Student Type  
Study Mode

Counselling  
Adults  
Part Time

## What is the course about?

This course will develop your existing counselling skills and help lead you towards a rewarding career as a professional counsellor or enhance your skills in other people facing/supportive roles.

During this course you will put your counselling skills into practice and examine counselling theories in much more depth, building on what you have learned during level 2.

## Why should I choose the course?

The course is fully accredited with CPCAB and designed to prepare you with the next step towards a career in counselling. It will also help you to develop skills for voluntary work or employment.

Please note that this level does not qualify you to be a counsellor, but is a required step leading to progression on level 4.

## What will I learn?

The course involves experiential elements and learning that will involve some personal disclosure and associated personal development activities.

The course aims to help you:

- Learn more about counselling theory and agency work, develop an understanding of what it means to work with listening skills in a professional organisation, and learn about working with codes of ethics and boundaries.
- Explore the effects of attitudes and personal value choices brought to the counselling relationship, and particular ways in which this may help or hinder the counselling process.
- Consider issues relating to valuing diversity within ourselves and work situations, including mental health issues.
- Increase your knowledge and understanding of integrative counselling theory and practice, and discover ways in which counsellors can facilitate the counselling process.
- Further develop your understanding of group tasks, processes, and dynamics through participating in a learning group and reflecting on the experience and its influence on personal and professional development.
- Explore in general terms how research informs the development of counselling theory and counselling practice.
- Undertake a research project making links between counselling skills and industry to prepare you for progressing to level 4.

## What will the course lead on to?



**Warrington  
& Vale Royal  
College**

Warrington Campus  
Winwick Rd, Warrington WA2 8QA

 [wvr.ac.uk](http://wvr.ac.uk)

 01925 494 494

Winsford campus  
Weaver St, Winsford CW7 4AH

 [learner.services@wvr.ac.uk](mailto:learner.services@wvr.ac.uk)

Successful completion of this course will allow you to apply for higher level qualifications including our [Level 4 Diploma in Therapeutic Counselling](#) which qualifies you to practice.

Please be aware that if your long-term goal is to work in an area with vulnerable adults or any person under the age of 18, it will be necessary to undergo a disclosure and barring services (DBS) check at your place of employment. If you have a criminal conviction this may exclude you from working in some job roles.

## Are there any links with industry and university?

The skills and knowledge acquired on this course are transferable to a wide range of career and educational opportunities.

## What support is available?

We have a team of staff dedicated to providing learning support if required, as well as a Wellbeing Team that is on hand to offer guidance, support and help when needed. Additionally, eligible students can access a wide range of finance and funding support to help them during their time at college.

Click here for learning support: <https://wvr.ac.uk/college-life/learning-support>

Click here for finance support: <https://wvr.ac.uk/college-life/financial-support>

## Why should I choose to study the course at Warrington & Vale Royal College?

The college offers a range of flexible learning opportunities to adult students. Our tutors are highly experienced and skilled in their specialist professional sectors, working with clients in industry or private practice which enhances the courses they teach on with their excellent knowledge.

Students will have access to our dedicated Learning Resource Centre (LRC), which is equipped with specialist educational software and thousands of e-resources to support your study. The LRC also contains quiet study rooms, which can be booked out by students who prefer to complete their work in a private space.

## What are the entry requirements?

You will have previously undertaken 90 hours of counselling skills training, for instance by having completed an accredited level 2 counselling skills certificate.

You will also need to have an interview to assess your eligibility for the course. You will need to be able to demonstrate your ability to handle the level of academic work required and show willingness to take responsibility for yourself.

You must be able to respect others regardless of race, ethnic origin, gender, sexual orientation, or disability. You will also be required to submit a personal statement discussing your reasons for applying to this course, along with a character reference.

This qualification is not suitable for those who are currently in a state of severe emotional difficulty and/or severe psychological distress, as the course involves experiential elements that will involve some personal disclosure and associated personal developmental activities.

You will also require a good level of literacy, digital literacy and an enthusiasm for engaging in the session activities.

Attendance will also be monitored for the course – full attendance and commitment will ensure the best outcome for progression on to level 4.



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# What are my funding options?

For further information about funding, please contact our Learner Services Team on 01925 494400 or [learner.services@wvr.ac.uk](mailto:learner.services@wvr.ac.uk).

# Are there any additional costs associated with the course?

No additional costs are expected on this course, however you will need access to a device and the internet to enable completion of the blended learning assigned work at home.



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