

LEVEL 2 SPORT

Subject Area

Student Type

Study Mode

Sport, Military &
Emergency Services

Students aged 16-18

Full Time

What is the course about?

This one-year course has been designed to provide you with a first-class sporting experience, encompassing everything from sports performance and leading activities, to the intricacies of sport science. It is an ideal starting point for students looking for a career in the sport, health and fitness industries and will allow a student to progress on to further study, such as our Level 3 Sport qualification.

Why should I choose the course?

The sports sector is large and diverse, ranging from health and fitness through to sport and leisure. Community cohesion and healthy living initiatives have contributed to a thriving sector with more job opportunities available than ever in a growing market. The fitness industry alone is currently worth over £5 billion and offers abundant career opportunities. If you are interested in sport and have a specific career you wish to pursue, or an openness to the many careers that the sports industry has to offer, this course is perfect for you. It will help you to understand the multidisciplinary field of sport, and develop the knowledge, skills, and behaviours required to be successful in whichever sporting career you choose to strive towards.

What will I learn?

You can expect to develop your professional, personal, and social skills, as well as focusing on transferable skills required by employers, such as communication, problem solving, time management, research and analytical skills. Modules covered include: fitness induction and testing, assisting in the delivery of exercise and fitness sessions and leading sports and physical activity sessions.

You will be assessed through exams and coursework, which will include reports, presentations, observations, and practical coaching.

What will the course lead on to?

Upon successfully completing this course, you will have several options, whether you wish to take on further study or pursue an apprenticeship within sport or fitness. This course offers a clear progression route on to our Level 3 Sport, which could then lead on to opportunities for you to study at university level through a HNC. Alternatively, you may wish to take on an apprenticeship where you could progress into a career with sports science, sports coaching, strength and conditioning, or teaching.

Are there any links with industry and university?



**Warrington
& Vale Royal
College**

Warrington Campus
Winwick Rd, Warrington WA2 8QA

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 01925 494 494

Winsford campus
Weaver St, Winsford CW7 4AH

 learner.services@wvr.ac.uk

As part of this exciting course, you will have the opportunity to work with local employers such as the Warrington Wolves Foundation, allowing you to progress and enhance your skills with the support of leading industry professionals. We also invite a number of guest speakers from industry into the college and give you the opportunity to go on trips and visits. Additionally, you can even complete a one-to-two-week work placement with an experienced employer such as a local gym. As part of our European work placement, you may even be able to venture further afield and take part in an exciting placement with Benfica FC.

What support is available?

You will be allocated a progress coach who will provide you with support to help you succeed on your study programme and progress on to your chosen career or progression path. We have a team of staff dedicated to providing learning support if required, as well as a Welfare Team that is on hand to offer guidance, support and help when needed.

Additionally, eligible students can access a wide range of finance and funding support to help them during their time at college.

Click here for learning support: <https://wvr.ac.uk/college-life/learning-support>

Click here for finance support: <https://wvr.ac.uk/college-life/financial-support>

Why should I choose to study the course at Warrington & Vale Royal College?

By studying sport at Warrington & Vale Royal College, you will benefit from being taught by tutors that have achieved an extremely high level of performance as professional athletes or have a great deal of experience in industry recognised careers. For instance, our tutors have been professional football and rugby league players and strength and conditioning coaches. The extensive experience of our tutors, combined with high levels of subject knowledge and state-of-the-art facilities, means you will be provided with an invaluable and unique education experience.

What are the entry requirements?

For entry on to this course you must have four GCSEs at grade 3 or equivalent, and you will be expected to work towards successful completion of level 2 English and/or maths as a part of this programme (if you have not already achieved at grade 3 or above). In order to progress on to our level 3 course in the following year of study, you must successfully complete these sport and English/maths programmes.

Are there any additional costs associated with the course?

There will be some additional costs associated with this course, as you will be required to purchase the department kit. The cost depends upon the number of items you choose to purchase as part of your package. If you are selected to take part in the European work placement, you would be required to self-fund the trip.



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