

# LEVEL 2 CERTIFICATE COUNSELLING SKILLS

Subject Area  
Student Type  
Study Mode

Counselling  
Adults  
Part Time

## What is the course about?

This counselling course is ideal for students who wish to develop an understanding of counselling theory and a range of counselling skills. If you have always considered a career in counselling, this course will help you take the first step towards securing your dream job role. Throughout this course you will cover both theory and practical skills in a highly supportive and inclusive learning environment.

## Why should I choose the course?

The course is fully accredited and designed to provide you with an introduction to a career in counselling. If you are looking to develop your skills and eventually become a professional counselling practitioner, this is a great starting point.

## What will I learn?

The course involves experiential elements and learning that may involve some personal disclosure and associated personal development activities.

You will complete 11 weeks on campus where you will work on practical counselling skills and develop your self-reflective skills in group discussions and small group tasks, all of which are tutor led. You will learn the basic elements of the person-centred approach as well as receiving an introduction to other modalities.

The course aims to develop your understanding of what counselling is and how it differs from other helping relationships. The course will help you to learn more about yourself and develop your listening skills when working with others.

This course requires you to work through two workbooks and complete written tasks. You could be studying using either physical workbooks or an online learning portal. Your tutors will explain this further at the beginning of the course.

In addition, you will also complete a distance learning course: Introduction to Mental Health Awareness. This is free of charge and will enhance and support your qualification.

## What will the course lead on to?

Successful completion of this course will allow you to apply for the Level 3 Certificate in Counselling Studies here at Warrington & Vale Royal College.



**Warrington  
& Vale Royal  
College**

Warrington Campus  
Winwick Rd, Warrington WA2 8QA

 [wvr.ac.uk](http://wvr.ac.uk)

 01925 494 494

Winsford campus  
Weaver St, Winsford CW7 4AH

 [learner.services@wvr.ac.uk](mailto:learner.services@wvr.ac.uk)

## Are there any links with industry and university?

The skills and knowledge acquired on this course are transferrable to a wide range of career and educational opportunities. Please be aware that these will differ depending on individual requirements.

## What support is available?

We have a team of staff dedicated to providing learning support if required, as well as a Welfare Team that is on hand to offer guidance, support and help when needed. Additionally, eligible students can access a wide range of finance and funding support to help them during their time at college.

Click here for learning support: <https://wvr.ac.uk/college-life/learning-support>

Click here for finance support: <https://wvr.ac.uk/college-life/financial-support>

## Why should I choose to study the course at Warrington & Vale Royal College?

The college offers a range of flexible learning opportunities to students. Professional qualifications are delivered within our specialist Business School and are supported through digital virtual learning environments and digital learning tools. Our tutors are highly experienced and skilled in their specialist professional sectors and enhance the courses they teach on with their excellent industry links.

## What are the entry requirements?

There are no formal entry requirements to study this course, but you will need to demonstrate that you have the necessary ability and commitment to successfully complete the course. You will also require a good level of literacy and an enthusiasm for engaging in the session activities. Attendance will also be monitored for the course – full attendance and commitment will ensure the best outcome for progression on to level 3.

## What are my funding options?

For further information about funding, please contact our Learner Services Team on 01925 494400 or [learner.services@wvr.ac.uk](mailto:learner.services@wvr.ac.uk).

## Are there any additional costs associated with the course?

There are no additional costs associated with this course, however you will need access to the internet to enable completion of any assigned work at home and allow access to Microsoft Teams.



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