

What is the course about?

This course is for individuals that are looking to develop essential subject knowledge and skills to progress successfully into further study or employment within the Sport rehabilitation/therapy sector.

You will study a range of units that are aligned with professional bodies, universities, and employers across the sport rehabilitation sector including: Sport Rehabilitation, Strength and Conditioning, Exercise Physiology, and a research project.

Why should I choose the course?

Students progressing from HNC and looking to go on to higher education, or those in employment looking to extend their skills and knowledge, should choose this course to help them progress towards roles within sport rehabilitation.

You will be assessed in a number of formats that reflect different skills needed in the public service sector. These include:

- Written reports and essays
- Practical assessments
- Work-based projects
- Academic posters, displays, leaflets, and websites
- Presentations
- Working logbooks and reflective journals.

What will I learn?

You will gain a wide range of sector knowledge and practical skills through evidence-based practice, personal research, self-study, directed study, and work-integrated learning and experience. Units on the course consist of:

- Unit 14: Research project
- Unit 19: Contemporary issues in Health
- Unit 22: Physical Education and School Sport
- Unit 26: Exercise Physiology
- Unit 29: Teaching Practice
- Unit 33: Strength and Conditioning
- Unit 37: Sport Rehabilitation.

What will the course lead on to?



After successfully completing this course, you can either move onto the third year of study for a BSc qualification, a related degree in the Sport/Sport Rehabilitation field, or straight to employment.

Are there any links with industry and university?

The college has good links with external employers within the Sport and Sport Rehabilitation sector.

What support is available?

All students on a higher technical course receive weekly 1:1 tutorial with their Programme Leader to support them with their progress on programme. Students also have access to an online tutorial programme - Amplify - which provides guidance on a wide range of topics such as mental health, managing finances, support for single parents, and working online. In addition, students can access a programme of workshops throughout the year to support with topics such as study skills, academic writing, and time management.

We have a team of staff dedicated to providing learning support if it is required and a welfare team that are on hand to offer guidance, support and help, when needed. All higher technical students have access to a designated Progress Coach who can also provide welfare support.

For further information on student support please visit: <https://wvr.ac.uk/college-life/learning-support>

Additionally, eligible students can access a wide range of finance and funding support to help them during their time at college. The college offers an opportunities fund that learners can apply to access. For further information on financial support please visit: <https://wvr.ac.uk/college-life/financial-support>

Why should I choose to study the course at Warrington & Vale Royal College?

The college offers a very high-quality education for higher technical students. Feedback from students on higher technical courses is strong and students are highly complementary of their learning experience. Students have access to specialist facilities and resources to support their programme of study, as well as learning spaces to support independent study.

What are the entry requirements?

You must have the following:

- A HNC in Sport or Sport & Exercise Science (Rehabilitation)

AND

- A* to C grade and/or 9 to 4 in GCSE English (language or literature)
- A* to C grade and/or 9 to 4 in GCSE maths is also recommended.

Non-native English speakers who have not undertaken their final two years of schooling in English need to demonstrate capability in English at a standard equivalent to the levels identified below. This is necessary before being recruited to the programme, as the programme is both taught and assessed in English:

- Common European Framework of Reference (CEFR) level B2



**Warrington
& Vale Royal
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 learner.services@wvr.ac.uk

- IELTS 5.5; reading and writing must be 5.5.

All HNC/HND programmes require the completion of a personal statement and curriculum-set task prior to an admissions interview being offered a place. Further information on this will be provided to you upon receipt of your application. You will also be required to provide a reference from one of the following options:

- A previous course leader/teacher (if progressing from a recently attended further or higher education course)
- A recent or current employer
- An appropriate professional who can provide a character reference (if you have not been in recent education or employment).

What are my funding options?

The course fee is £6135.00.

If applying to study this course, you can apply for a Higher Education Student Loan at: www.gov.uk/student-finance

You can apply for Student Finance England without a confirmed offer from the college.

For further information about financial supports, please visit: <https://wvr.ac.uk/college-life/financial-support> or email learner.services@wvr.ac.uk

Are there any additional costs associated with the course?

The cost of required kit is approximately £150. You will also need an enhanced DBS check, which will cost approximately £50-70.

Trips will take place throughout the year which are linked to the course content and implemented to extend students' knowledge, apply their skills, and develop experiences within the sport sector. These may involve additional cost.

*Please note that trips and costs are subject to change depending on the academic year.



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